



ALLERGENS

MC= May contain. CROSS= Cross Contamination. The supplier has put a voluntary label on the packaging, "may contain" as this is used in the supplier's kitchen, but this is not an intentional ingredient

BOTECO BITES

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Spicy Nuts		YES (Almonds, Cashews)	YES											
Olives													YES	
Guac and Corn Chips														
Loaded Nachos		YES (Almonds) MC (cross)							Yes	YES			YES	
Pulled chicken									YES			YES	YES	
Jack fruit									YES		YES	YES		
Picanha steak	YES (Wheat)	MC (cross)											YES	
Roasted tamarind sweet potato	YES (Wheat)	MC (cross)	MC (cross)				YES		YES		YES			
Honey glazed chorizo										YES		YES	YES	
CFC Chicken	YES (wheat)	MC (cross)						YES	Yes	Yes	MC (cross)	MC (cross)	YES	
Chicken Croquetas	YES (Wheat)	MC (cross)						YES	YES	Yes	MC (cross)	YES	YES	
Chargrilled Spicy Prawns		MC (cross)			MC (cross)	YES			YES			YES	YES	

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Spicy Malagueta Chicken Wings		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Cheesy Dough Balls		MC (cross)						YES		YES				
Buffalo cauliflower	YES	MC (cross)							YES			YES	YES	

Sides														
Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Sweet Potato Fries (Premium)														
Churrasco Fries (Regular)														
Cassava Chips (Premium)								YES				YES	YES	
Biro-Biro Rice (Regular)											YES			
Rio Beans (Regular)											YES			
Fejoada Fries (Classic)		MC (cross)								YES				
Ipanema Salad (Regular)	MC (cross)	MC (cross)	MC (cross)		MC (cross)			YES	YES	YES	MC (cross)		YES	
Corn on The Cob (Regular)		MC (cross)			MC (cross)	MC (cross)			MC (cross)	YES				
Coconut Slaw (Regular)								YES		YES		YES	YES	
Spicy Malagueta Peppers		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Vegoada Fries											YES			
Stir fried garlic greens														
Green salad												YES	YES	

Main Courses

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Bossa Burger	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES		YES	YES	
Guave Cue Bacon Burger	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	YES	YES	
Spicy Malagueta Chicken Burger	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES		YES	YES	
Halloumi Burger	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES		YES	
Spicy Malagueta Chicken Skewer or Breast		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Guava-Cue Chicken Skewer or Breast		MC (cross)			MC (cross)	MC (cross)			YES		YES		YES	
Zingy Garlic & Lemon Chicken skewer or Breast		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Super Kick Chicken Skewer or Breast		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Honey Glaze Skewer or breast		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Ribeye Spicy Malagueta		MC (cross)			MC (cross)	MC (cross)			YES				YES	
Ribeye Chimichurri Steak		MC (cross)			MC (cross)	MC (cross)			YES			YES	YES	
Guava-Cue Ribs											YES	YES		
Spicy Malagueta Salmon		MC (cross)					YES		YES			YES	YES	
Veggie Stack		MC (cross)			MC (cross)	MC (cross)			YES	YES		YES	YES	
Roasted Aubergine														
Chimichurri sauce		MC (cross)												
Spicy malagueta sauce		MC (cross)							YES				YES	
Spicy Malagueta Wrap	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	YES	YES	
CFC Wrap	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	MC (cross)	MC (cross)	
Cauliflower Wrap	YES (wheat)	YES (Almonds)			MC (cross)	MC (cross)			YES		YES	YES	YES	
CFC Curry	YES (wheat)	MC (cross)						YES	YES	YES	YES	YES	MC (cross)	

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Prawn & Sweet potato Curry		MC (cross)				YES			YES		YES	YES	MC (cross)	
Cauliflower curry	YES (wheat)	MC (cross)							YES		YES	YES	MC (cross)	
Feijoada Hot Pot		MC (cross)									YES			
Super Salad Plain												YES	YES	
Ipanema Salad plain	MC (cross)	MC (cross)	MC (cross)		MC (cross)			YES	YES	YES	MC (cross)		YES	
Rice Bowl	YES (wheat)	MC (cross)	YES		MC (cross)		YES		YES		YES		MC (CROSS)	
Salad with prawn add *****		MC (cross)			MC (cross)	YES			YES		MC (cross)	YES	YES	
Salads with Halloumi *****		MC (cross)				MC (cross)			MC (cross)	YES		YES	YES	
Dips														
Malagueta Mayo		MC (cross)	MC (cross)					YES				YES	MC (cross)	
Chimichurri		MC (cross)												
Tomato salsa		MC (cross)											YES	
Red Pepper Dip		YES (Almonds)							YES				YES	

Desserts

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Brasilian Overload Sundae	YES (wheat)	MC (cross)							YES	YES				
Peanut Butter Sundae		MC (cross)	YES							YES				
Caramel Choc Chip ice Cream	YES (wheat)	MC (cross)							YES	YES				
Vanilla Ice Cream	YES (wheat)	MC (cross)	MC (cross)						YES	YES				
Vegan Coconut Ice Cream	YES (wheat)	MC (cross)	MC (cross)							MC (cross)				
Mango & Lime Cheesecake	YES (wheat)	YES (pistachio)						YES	MC (cross)	YES			YES	
Salted Caramel Brownie								YES	YES	YES				
Peanut Butter Blondie		YES	YES						YES					
Caramel Churros	YES (wheat)							YES	YES	YES	MC (cross)	MC (cross)	MC (cross)	

Kids' Menu

Name of dish	Gluten	Nuts	Peanuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk/Dairy	Celery	Mustard	Sulphur dioxide	Lupin
Churrasco chicken and BBQ sauce – Fries	YES (wheat)	MC (cross)						YES	YES	YES		YES		
Churrasco chicken and BBQ Sauce – Sweetcorn	YES (wheat)	MC (cross)						YES	YES	YES		YES		
Churrasco chicken and BBQ with Rice	YES (wheat)	MC (cross)						YES	YES	YES	YES	YES		
Churrasco chicken in a Bun – Fries	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	MC (cross)		
Churrasco chicken in a bun – Sweetcorn	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	MC (cross)		
Churrasco chicken in a bun - Rice	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES	MC (cross)		
Kids' Plain Beef burger – Fries or Sweetcorn	YES (wheat)	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES			
Kids Plan Burger with Rice	YES	MC (cross)			MC (cross)	MC (cross)		YES	YES	YES	YES			
Halloumi with BBQ sauce – Fries										YES	YES	YES		
Halloumi with BBQ sauce – Sweetcorn										YES	YES	YES		
Halloumi with BBQ sauce - Rice										YES	YES	YES		
Halloumi Curry		MC (cross)							YES	YES	YES	YES	MC (cross)	
Crispy Curry (Churrasco)	YES (wheat)	MC (cross)						YES	YES	YES	YES	YES	MC (cross)	
Vanilla Ice cream cone	YES (wheat)	MC (cross)	MC (cross)							YES				
Choc Chip Ice Cream	YES (wheat)	MC (cross)							YES	YES				
Vegan Coconut ice cream	YES (wheat)	MC (cross)	MC (cross)							MC (cross)				
Apple Slices with honey														